

Service Case Chicken Ingredient and Allergen Information

Item Name	Ingredient Statement	Allergen Statement
Marinated Chicken Breasts		
Asian BBQ	Asian Style BBQ Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Soy Sauce Powder {Soy Sauce (Wheat, Soybeans, Salt), Maltodextrin, Salt}, Sugar, Spices, Garlic, Sodium Phosphates {4.80%}, Natural Tomato Flavor, Grill Flavor {Maltodextrin, Flavor (From Vegetable Oil), Modified Food Starch, Corn Syrup Solids}, Less Than 2% Silicon Dioxide {To Prevent Caking}]).	Contains Soy, Wheat.
Buffalo	Buffalo Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Salt, Butter Flavoring {Maltodextrin, Butter Flavor, Annatto, Turmeric}, Vinegar Powder {Maltodextrin, Modified Food Starch, Vinegar Solids}, Spices, Sodium Phosphates (10.00%), Dehydrated Garlic, Sugar, Spice Extractives, Silicon Dioxide {To Prevent Caking}]).	Contains Milk.
Butter Garlic	Butter Garlic Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Salt, Butter Flavor {Maltodextrin, Butter Flavor, Annatto, Turmeric}, Dehydrated Garlic, Sodium Phosphate, Spices, Sugar, Parsley Flakes, Less than 2% Silicon Dioxide {To Prevent Caking}]).	Contains Milk.
Cajun	Cajun Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Salt, Spices, Sodium Phosphate (13.33%), Garlic, Onion, Black Pepper, Red Pepper, White Pepper, Spice Extractives, Less Than 2% Silicon Dioxide {To Prevent Caking}]).	
Cilantro Lime	Cilantro Lime Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Lime Juice Powder {Corn Syrup Solids, Lime Juice Solids, Natural Flavors}, Spices, Salt, Sodium Phosphates (8.57%), Garlic, Dextrose, Citric Acid, Lime Oil, Less Than 2% Silicon Dioxide {To Prevent Caking}]).	
Honey Teriyaki	Honey Teriyaki Marinated Chicken Breast (Chicken Breast with Rib Meat, Seasoning [Sugar, Soy Sauce Powder {Soy Sauce (Wheat, Soybeans, Salt), Maltodextrin, Salt}, Honey Powder {Maltodextrin, Honey and Silicon Dioxide}, Spices, Garlic, Sodium Phosphates {4.11%}, Less than 2% Silicon Dioxide {to Prevent Caking}], Water).	Contains Soy, Wheat.
Italian	Italian Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Spices, Salt, Sodium Phosphates {11.76%}, Dehydrated Garlic, Sugar, Spice Extractives, Less Than 2% Silicon Dioxide {To Prevent Caking}]).	
Lemon Pepper	Lemon Pepper Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Spices, Salt, Lemon Powder {Corn Syrup Solids, Lemon Juice Solids}, Sodium Phosphates {9.09%}, Lemon Peel Granules, Turmeric, Sugar, Citric Acid, Lemon Oil, Spice Extractives, Less Than 2% Silicon Dioxide {To Prevent Caking}]).	
Mesquite	Mesquite Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Salt, Brown Sugar, Tomato Powder, Spices, Sodium Phosphate, Sugar, Natural Mesquite Smoke Flavor, Onion Powder, Garlic Powder, Spice Extractives, Paprika, Less Than 2% Silicon Dioxide {To Prevent Caking}]).	
Parmesan Pesto	Parmesan Pesto Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Salt, Parmesan Cheese Powder {Parmesan Cheese (Whey, Maltodextrin, Buttermilk, Natural Parmesan Cheese Flavor, Salt), Spices, Dehydrated Garlic, Sugar, Sodium Phosphates (9.23%), Spice Extractives, Less Than 2% Silicon Dioxide and Soybean Oil {To Prevent Caking}]).	Contains Milk.
Tomato Basil	Tomato Basil Marinated Chicken Breast (Chicken Breast with Rib Meat, Water, Seasoning [Tomato Powder, Tomato Bits, Salt, Spices, Sodium Phosphate, Dehydrated Garlic, Paprika, Sugar, Citric Acid, Natural Tomato Flavor, Less Than 2% Soybean Oil {To Prevent Caking}]).	
Unmarinated	Chicken Breast with Rib Meat.	
Marinated Chicken Kabob Pieces		
Butter Garlic	Butter Garlic Marinated Chicken Pieces (Chicken Breast with Rib Meat, Water, Seasoning [Salt, Butter Flavoring {Maltodextrin, Butter Flavor, Annatto, Turmeric}, Dehydrated Garlic, Sodium Phosphates {10.91%}, Spices, Sugar, Parsley Flakes, Less Than 2% Silicon Dioxide and Soybean Oil {To Prevent Caking}]).	Contains Milk.
Mesquite	Mesquite Marinated Chicken Pieces (Chicken Breast with Rib Meat, Water, Seasoning [Salt, Brown Sugar, Tomato Powder, Spices, Sodium Phosphate, Sugar, Natural Mesquite Smoke Flavor, Onion Powder, Garlic Powder, Spice Extractives, Paprika, Less Than 2% Silicon Dioxide {To Prevent Caking}]).	
Tomato Basil	Tomato Basil Marinated Chicken Pieces (Chicken Breast with Rib Meat, Water, Seasoning [Tomato Powder, Tomato Bits, Salt, Spices, Sodium Phosphate, Dehydrated Garlic, Paprika, Sugar, Citric Acid, Natural Tomato Flavor, Less Than 2% Soybean Oil {To Prevent Caking}]).	

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Bacon Wrapped	Bacon-Wrapped Chicken Fillet (Chicken Breast with Rib Meat, Bacon [Cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite], Water, Seasoning [Salt, Dextrose, Sodium Phosphates, Spices, Spice Extractives]).	
Plain	Chicken Breast with Rib Meat.	
Breaded Chicken		
Corn Flake Breaded Chicken Breast Fritter, raw	Breaded Chicken (Chicken Breast with Rib Meat, Water, Corn Flake Crumbs [Milled Corn, Sugar, Malt Flavor, Salt, High Fructose Corn Syrup, Reduced Iron, Thiamin Hydrochloride [Vitamin B1], Niacinamide, Calcium Pantothenate, Riboflavin [Vitamin B2], Pyridoxine Hydrochloride [Vitamin B6], Folic Acid], Batter Mix [Wheat Flour, Salt, Corn Meal Blend [Corn Meal, Sugar, Salt], Baking Powder [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate], Spices]).	Contains Soy, Wheat.
Breaded Chicken Breast Fritter, raw	Breaded Chicken Breast (Chicken Breast with Rib Meat, Crackers [Enriched Flour {Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Soybean Oil, Salt, Sodium Bicarbonate, Malted Barley Flour, Calcium Carbonate, Yeast], Batter Mix [Wheat Flour, Salt, Corn Meal Blend {Corn Meal, Sugar, Salt}, Baking Powder {Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate}, Spices], Water).	Contains Wheat.
Cracker Crumb Breaded Chicken Breast Fritter, raw	Breaded Chicken (Chicken Breast with Rib Meat, Cracker Crumbs [Enriched Flour {Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Vegetable Oil {Contains One of More of the Following Vegetable Oils: Canola Oil, Corn Oil, Palm Oil, Soybean Oil}, Salt, Contains 2% or Less of the Following: Sodium Bicarbonate, Wheat Gluten, Malted Barley Flour, Yeast], Batter Mix [Enriched Wheat Flour {Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, Silicon Dioxide}, Salt, Corn Flake Crumbs {Corn Meal, Sugar, Salt}, Baking Powder {Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate}, Spices], Water).	Contains Wheat.

Service Case Chicken Nutritional Information

Item Name	Serving Size	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Marinated Chicken Breasts (180 - 220 Cals)											
Asian BBQ	1 chicken breast	190	2.5	1	0	90	410	5	0	2	36
Buffalo	1 chicken breast	200	4.5	1	0	115	920	3	0	1	35
Butter Garlic	1 chicken breast	200	4	1	0	115	920	2	0	1	35
Cajun	1 chicken breast	180	2	0.5	0	90	710	1	0	0	36
Cilantro Lime	1 chicken breast	200	4	1	0	115	930	3	0	0	35
Honey Teriyaki	1 chicken breast	220	4	1	0	115	630	7	0	3	35
Italian	1 chicken breast	190	4	1	0	115	920	2	1	1	35
Lemon Pepper	1 chicken breast	200	4.5	1	0	115	920	3	1	0	35
Mesquite	1 chicken breast	200	4.5	1	0	115	900	3	0	2	35
Parmesan Pesto	1 chicken breast	200	4	1	0	115	890	3	0	1	35
Tomato Basil	1 chicken breast	200	4	1	0	110	860	3	1	1	35
Unmarinated	1 chicken breast	200	4.5	1	0	125	200	0	0	0	38
Marinated Chicken Kabob Pieces (230 - 230 Cals)											
Butter Garlic	5 pieces	230	5	1	0	130	1070	3	0	1	41
Mesquite	5 pieces	230	5	1	0	130	740	2	0	2	41
Tomato Basil	5 pieces	230	5	1	0	130	990	4	1	2	41
Service Case Chicken (200 - 260 Cals)											
Bacon Wrapped	1 chicken breast	260	11	3	0	110	1020	2	--	1	38
Plain	1 chicken breast	200	4.5	1	0	125	75	0	0	0	38
Breaded Chicken (240 - 380 Cals)											
Corn Flake Breaded Chicken Breast Fritter, raw	1 chicken breast	240	3.5	0.5	0	85	700	22	0	2	29
Breaded Chicken Breast Fritter, raw	1 chicken breast	380	8	1.5	0	65	1460	50	2	0	26
Cracker Crumb Breaded Chicken Breast Fritter, raw	1 chicken breast	310	5	1.5	0	95	1600	24	0	1	41